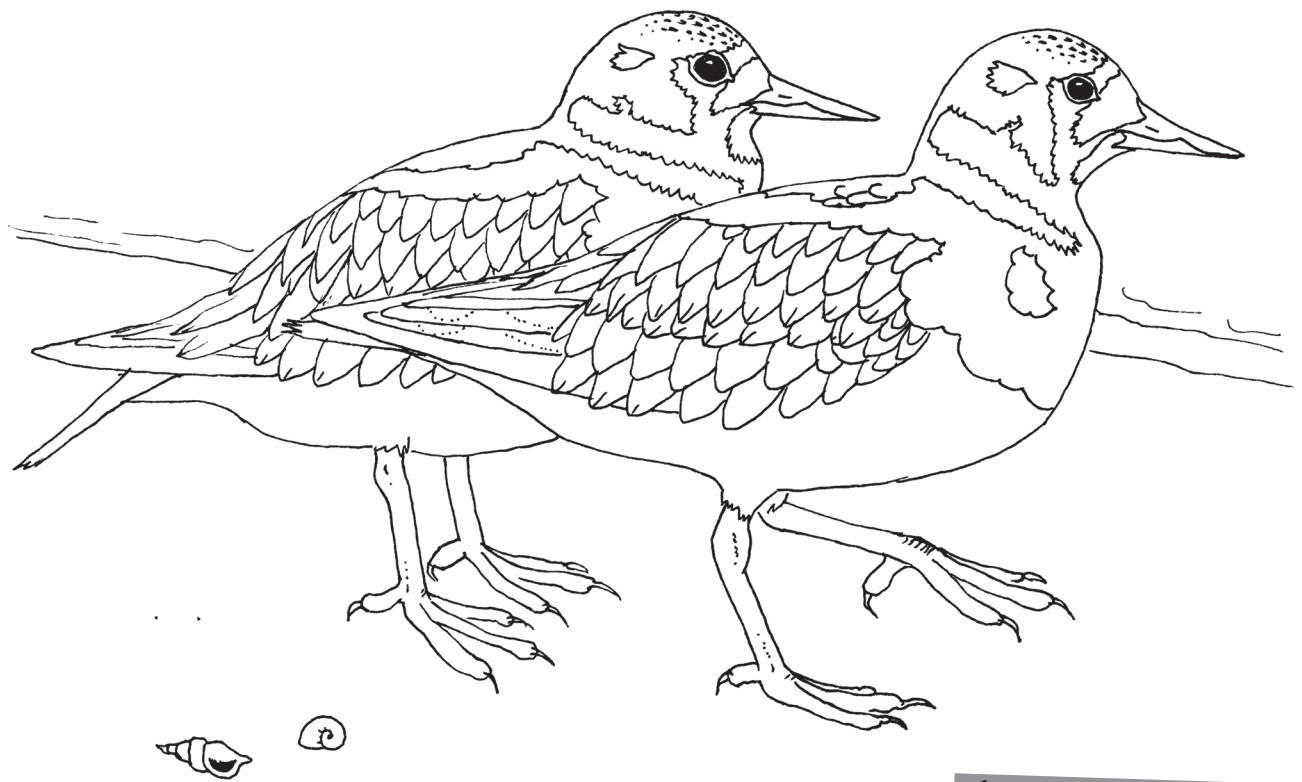
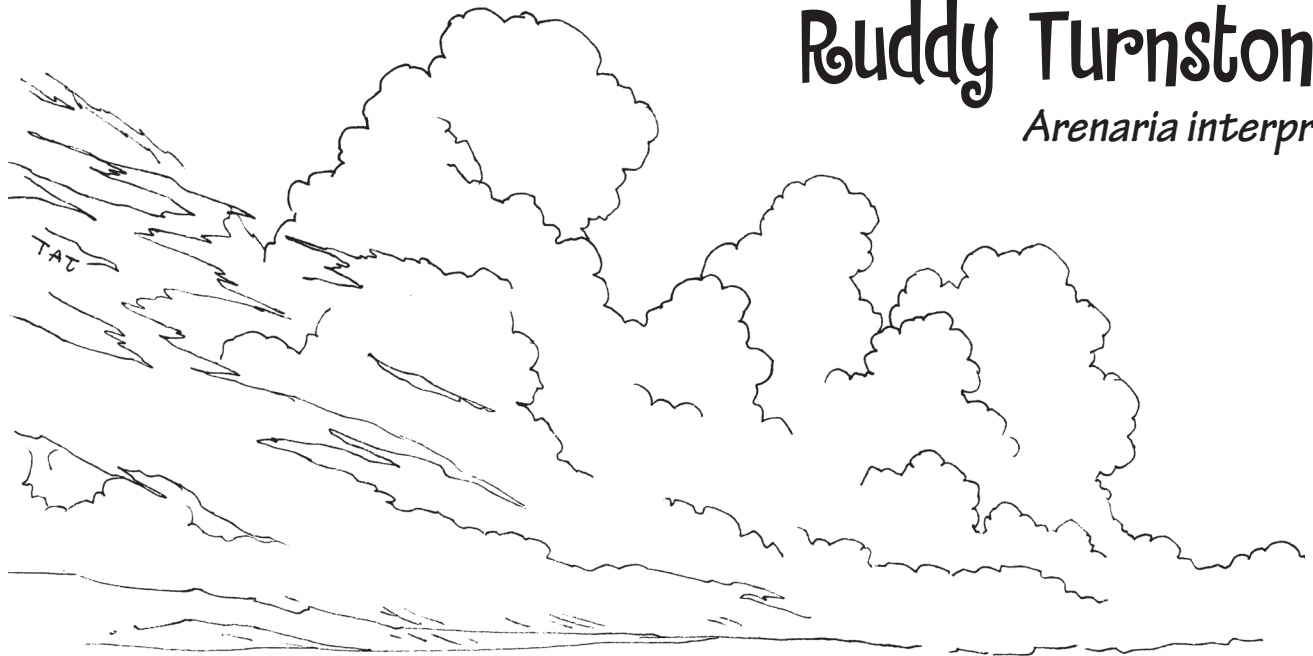


Ruddy Turnstone

Arenaria interpres

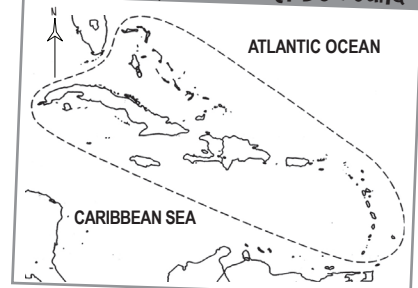


About this Bird

The Ruddy Turnstone is a chunky shorebird with a reddish-brown back, black bib, orange legs and small pointed bill. It is an amazing long distance migrant capable of covering thousands of miles in a few days on migration. It breeds in the Arctic and winters as far south as Argentina. In the Caribbean it is observed mainly from August to May on our beaches and mudflats. The name 'Turnstone' comes from the way it flips over small stones and shells in search of invertebrate food items in the sand.

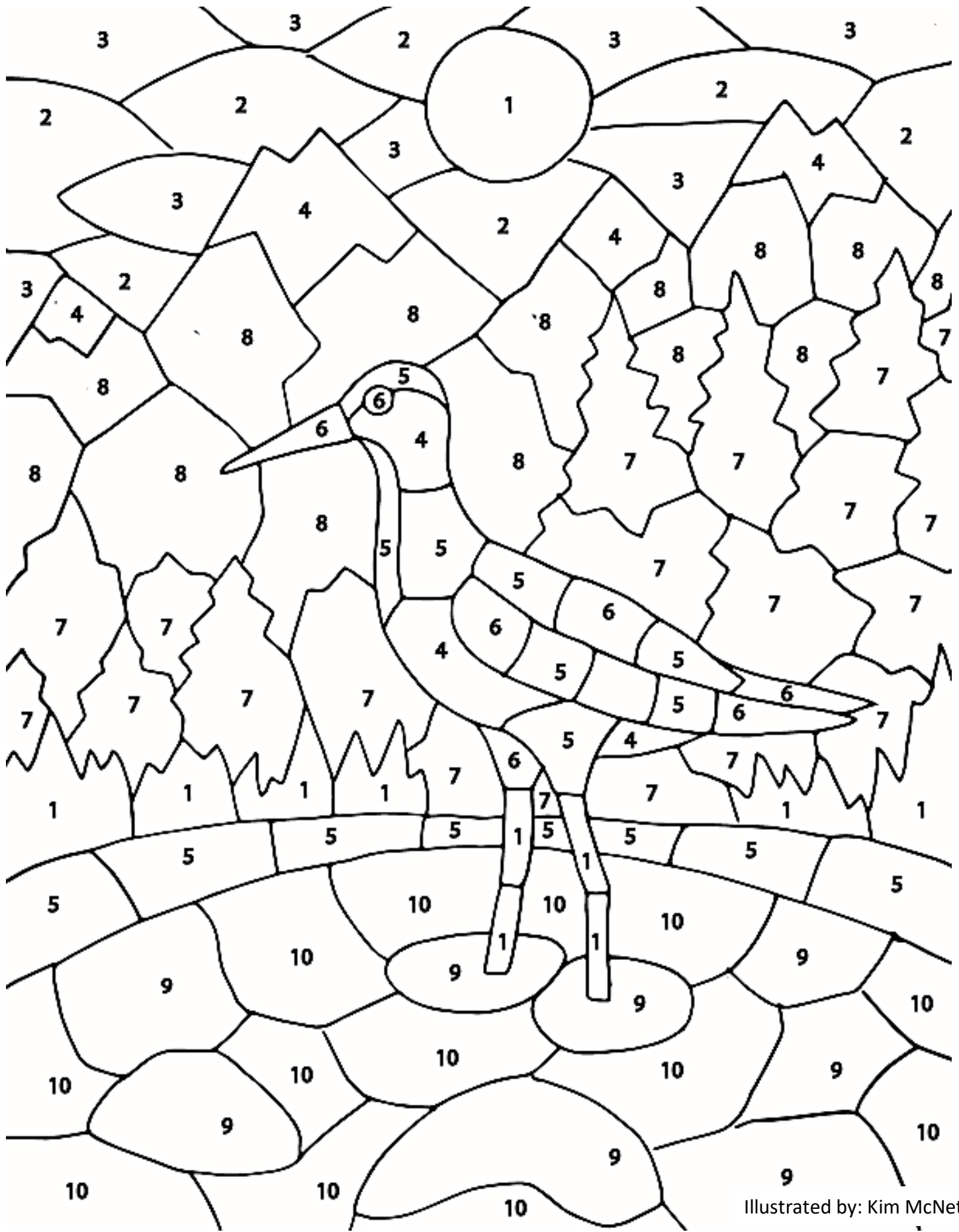
Bird Size 24 cm, 9.5 in.

Where this Bird Can Be Found



Color by number! Use the key below to color in the shorebird

1 = Yellow 2 = Orange 3 = Red 4 = White 5 = Brown
6 = Black 7 = Green 8 = Purple 9 = Dark blue 10 = Light blue



Birding Safari!

Draw a picture for each item below

1. Something manmade

2. Two birds

3. Three shades of green (what items)

4. Something smelly (Good or bad)

5. A flowering plant

6. An animal that is not a bird

7. A sign of Spring

8. Something rough feeling

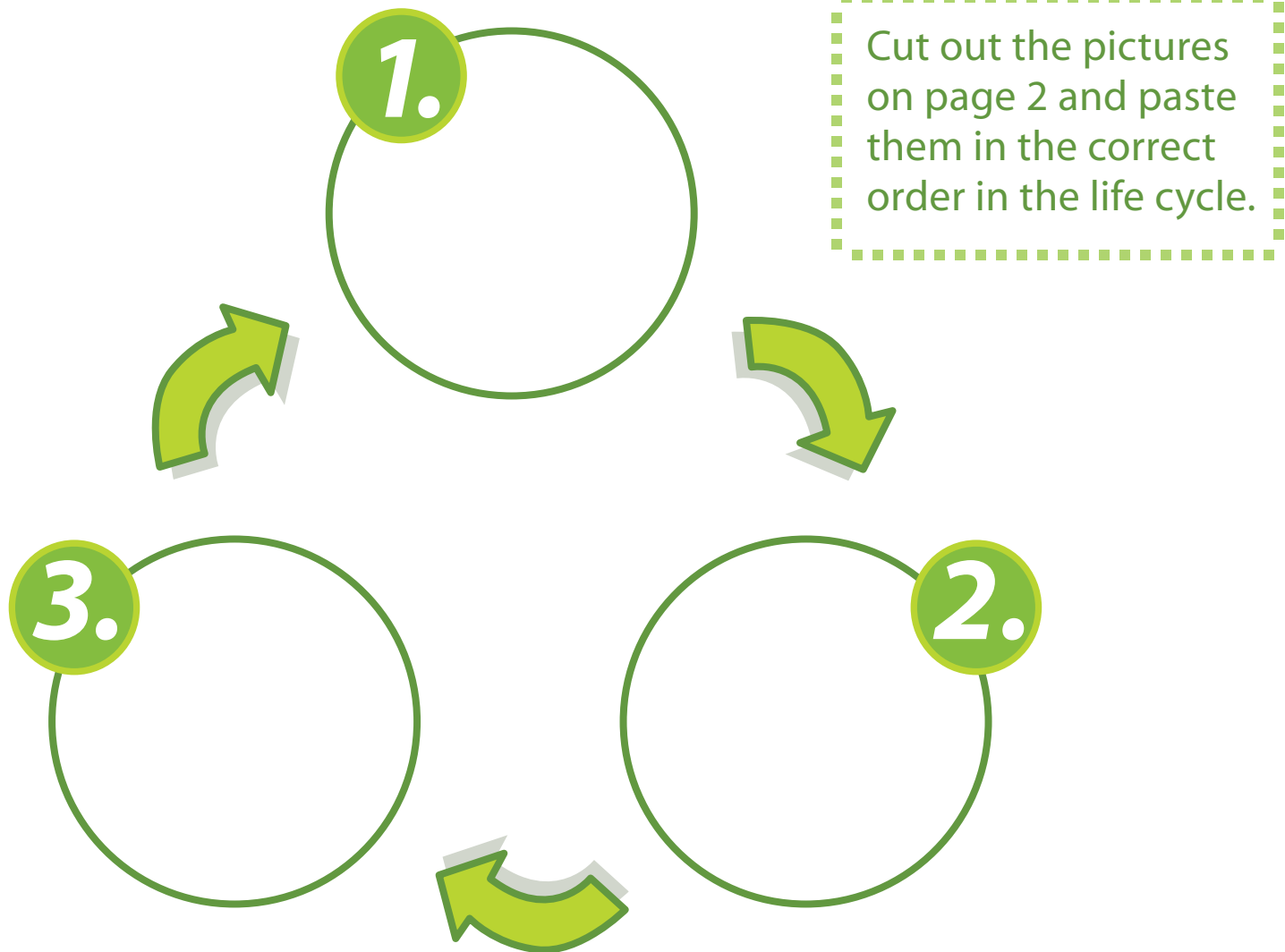
9. Two brown objects

10. A sound heard

Life Cycle of a Bird



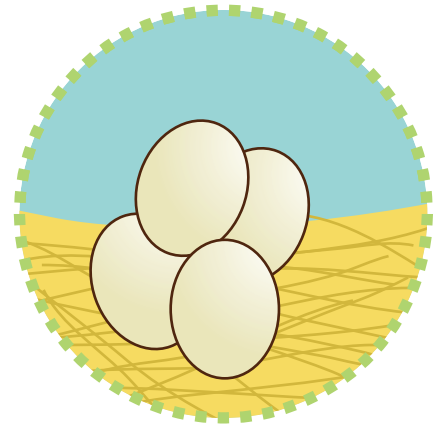
Birds are warm blooded animals. They have feathers and wings, and they can walk on two legs. Birds lay eggs with hard shells. They have ear holes instead of ears, and they have a beak instead of a mouth with teeth. Their feathers and wings allow them to fly, and their tail feathers are used for steering.



Life Cycle of a Bird



Female birds lay **eggs** in warm places like nests. Birds are born inside hard-shelled eggs. The eggs are kept warm by their parents. This is called *incubation*. When they hatch the baby birds are called **chicks**, and are fuzzy and almost bald. In time they start to develop flight feathers. Soon after learning to **fly** they leave the nest and are ready to live on their own.



Jr. Birder

B B M I G R A T E Q
I E K R Z L D F N H
R A F M C L S E E A
D K L L C E C A S B
E E Y V B G F T T I
R W I N G S B H W T
Y L L F E E T E E A
S H O R E B I R D T
S G J H G J J N K Q
M I T S J C H I C K

shorebird

wings

birder

feather

feet

beak

habitat

chick

nest

migrate

legs

fly

Shorebirds of Kachemak Bay

Before you go birding see if you can cross these shorebirds off the list

B O P W T J D A R C T I C H B P T Z K V R R
 K X Z G L A U C O U S E H L J W X T I H E U
 L T H S S C N S N I P E E L D F X D T D L D
 U J W A N D E R I N G G R I M H C O T W T D
 B L A C K B E L L I E D R H D G I W I E T Y
 Q R S N I L N U D I N E I D E E F I W L A R
 V Q E S T O N K D E R T N N K P I T A R T A
 Q A P H Y D T E N E M A G A W O C C K U S T
 J B L A C K M F G A N M X S M R A H E C B I
 Q S F B U T H H T O F L P B Y A P E K C R L
 X G B A R T A I L E D A K C G L U R A D E O
 N E W U O L X C F Z I P I P W A S U Q R P S
 A L V H T K A I R P I I E E E H F F I I I G
 C W T V I O U R X E X M M N O P N T A B P O
 I O D S W M E Z C X T E Z R A A E C I F D L
 R L F Q D Q B N A I P S A C I R R B F R N D
 E L Q Q O H Y R P B W V Y N N Q C E P U A E
 M E X H G N J H E B E V O O P S M M V S S N
 A Y K D N A L P U L D S N K H A E G L O T Y
 S A N D E R L I N G D E N O T S N R U T L A
 I L E A S T P P Y U W D E L B R A M G L C P
 V F K C O R O O H V V C Y W E S T E R N L K

RUDDY
 OYSTERCATCHER
 ROCK
 UPLAND
 ARCTIC
 DOWITCHER
 HERRING
 WHIMBREL
 HUDSONIAN
 REDKNOT
 BLACKBELLIED
 AMERICAN
 SANDHILL
 TATTLER

BLACK
 DUNLIN
 WESTERN
 SOLITARY
 CASPIAN
 KITTIWAKE
 MEW
 SANDERLING
 MARBLED
 CURLEW
 PACIFIC
 PLOVER
 CRANE
 SURFBIRD

TURNSTONE
 SEMIPALMATED
 LEAST
 SANDPIPER
 TERN
 GLAUCOUS
 GULL
 BARTAILED
 GODWIT
 PHALAROPE
 GOLDEN
 YELLOWLEGS
 WANDERING
 SNIPE

Beluga Slough Safari

1. Something manmade

2. Two birds in Slough

3. A sign of Spring

4. Three shades of green

5. Something smelly (good & bad)

6. A flowering or budding plant

7. An animal that is not a bird

8. Something feeling rough

9. Two brown objects

10. A sound heard on trail